

AMRI Hospitals, Mukundapur joins hands with Asian Bariatrics, Ahmedabad

- **New vista in the field of Surgery for treating Obesity and Diabetes opens for Kolkata**
- **Collaboration to provide exclusive treatments like Metabolic Surgery to help diabetic patients who are struggling with uncontrolled diabetes despite regular medication**

Kolkata, 27th May 2017: - **AMRI Group of Hospitals**, Eastern India's largest chain of Super Speciality Tertiary care hospitals expands its ambit of treatment through the formal announcement of the collaboration between **AMRI Mukundapur** and **Asian Bariatrics, Ahmedabad**, Asia's largest obesity surgery chain. Patients suffering from obesity and diabetes in Kolkata will now be able to avail the best in class medical consultation and clinical support from the experts of Asian Bariatrics through this collaboration.

Asian Bariatrics has the distinction of having the biggest team of bariatric surgeons who have been credited to perform more than 6500 successful weight reduction surgeries till date.

Under this collaborative initiative, **AMRI Hospital, Mukundapur** and **Asian Bariatrics** are all set to provide a holistic Bariatrics and Metabolic diabetic surgery to the patients getting treated at AMRI, Mukundapur by conforming to the high standards of protocol and treatment that is offered at Asian Bariatrics, Ahmedabad. The hospital's bariatric department will be now run by experts of Asian Bariatrics under the leadership of **Dr. Mahendra Narwaria**, Founder and Chairman, Asian Bariatrics and other stalwart surgeons like **Dr. Sanjay Patolia, Dr. Surendra Ugale** from the reputed institution to name a few.

The bariatric facility at AMRI Mukundapur will also be equipped to provide critical treatments like metabolic surgery which will help a large number of diabetic patients from the city who are struggling with uncontrolled diabetes despite taking medications including insulin, diet and exercise. These kinds of surgeries will also help to minimize complications of heart attack, kidney failure, stroke, neuropathy and retinopathy for such diabetic patients. Early treatment with surgery would assist them to continue a normal life and avoid a long and strict medication regime.

Obesity is a growing health problem, globally. According to World Health Organisation (WHO), around 1.6 billion people worldwide suffer from obesity. In India, it has reached epidemic proportions, with morbid obesity affecting 5% of the country's population. There are around 20 million obese women and 9.8 million obese men in India alone. India is following a trend of other developing countries that are steadily becoming more obese. Unhealthy, processed food has become much more accessible following India's continued integration in global food markets. This, combined with the rising middle class incomes, is increasing the average caloric intake per individual among the middle class and above income households.

Speaking on the occasion, **Mr. Rupak Barua, CEO, AMRI Hospitals Ltd**, said, "Early this year, our Bhubaneswar unit entered upon a similar collaboration with Asian Bariatrics and is receiving encouraging response from patients. Now, we go ahead with another collaboration with AMRI, Mukundapur. This collaboration between Mukundapur unit and Asian Bariatrics is going to open a new horizon of Bariatrics treatment for the people of Kolkata. Patients from the city would no more be required to travel as far as to Mumbai to avail weight reduction treatment of global standards from institutions like Asian Bariatrics. AMRI Hospitals Mukundapur feels happy to bring the same facility closer to home and play a significant role in keeping the people of this city healthy and fit."

Speaking on the occasion, **Dr. Mahendra Narwaria, Founder and Chairman, Asian Bariatrics**, said, "Most of these obese adults are increasingly suffering from related diseases like cardio – vascular complications, thyroid, diabetes, sleep apnoea etc. Bariatric surgery service like this would prove helpful for such patients. This is a very easy and painless procedure for which patients require a very short stay of maximum 2 nights at hospital. Patients as heavy as 300 kilos and small kids of even 3 year olds can undergo this laparoscopic surgery requiring a very small incision and can resume their normal life within 2 days of their hospital discharge. We, at Asian Bariatrics are happy to announce our association with AMRI's Mukundapur unit. We believe that this association will go a long way in ensuring best treatment for people suffering from obesity and diabetes in Kolkata at affordable rates."

AMRI Hospitals has been the frontrunner in providing international holistic care to patients in Eastern region. The AMRI Hospitals, Mukundapur unit has world-class facilities, providing round-the-clock multidisciplinary care, where patients can look forward to better and improved outcomes.

About AMRI Hospitals Ltd

AMRI Hospitals, a multi-specialty healthcare facility in Eastern India with specialization in Oncology, Neuro Sciences, Cardiac Sciences, Orthopedics, Emergency & Trauma care, Gynecology & Childcare is the largest player in private sector with its existing strength of around 1000 beds. With its state-of-the-art equipment and modern facilities, AMRI is ensuring that people from Eastern India are provided affordable high quality medical care in the region, so that patients need not travel to other parts of the country for medical treatment. Capacity expansion is also underway at AMRI for additional beds in its existing facilities in

Kolkata. A 400 bedded state-of-the art super-specialty hospital has recently become operational in Bhubaneswar. AMRI Hospitals will soon be setting up a new 400 bedded facility in West Bengal with an investment of Rs.500 crs. The Group is committed to serve the people of Eastern India and has plans to add another 600-700 beds in the next 3-4 years.

About Asian Bariatrics

Asian Bariatrics is the pioneer in the field of bariatric surgery in India and is the largest chain of bariatric hospitals in Asia.. Asian Bariatrics has its flagship unit in Ahmedabad, Gujarat. It is credited to have performed over 6500 weight loss surgeries.

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